



# THRIVE

*HIV & LGBTQ+*

## EMPOWERMENT GROUP THERAPY

*Scan to  
take  
survey*



**Thrive is a supportive and affirming therapy group for LGBTQ+ Adults over the age of 18 living with HIV.**

**We want to hear from you. Please fill out our interest survey.**

Through facilitated conversation, community building, and peer support, participants can explore identity, relationships, stigma, and self-esteem while fostering resilience and healing.